

# Daily Routine of Maestro Adrian d. Griffin

\*The intention of this similar Caruso exercise is to focus on speed of the breathe attack while creating the most beautiful, round, robust sound possible. Tempo is quarter = 60.

## Set 1

Set 1 musical notation, consisting of two staves. The first staff starts with a treble clef and a key signature of one sharp (F#). The second staff starts with a treble clef and a key signature of two flats (Bb). Both staves contain a sequence of notes with accents and slurs, including a 'sim...' marking.

## Set 2

Set 2 musical notation, consisting of two staves. Both staves start with a treble clef and a key signature of two flats (Bb). The notation includes notes with accents and slurs.

## Set 3

Set 3 musical notation, consisting of two staves. Both staves start with a treble clef and a key signature of two flats (Bb). The notation includes notes with accents and slurs.

\*The intention of the Clarke Study is to focus on crisp, clean articulations with the tongue striking the same point in the mouth with each strike. Tempo is quarter = 120

\*Start on C4 - C5 then G3 - C4 all chromatically

## Set 4

Set 4 musical notation, consisting of a single staff in 4/4 time. The notation features a series of eighth notes with slurs and accents, followed by a final note with an accent and slur.

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\*These flexibility exercises are meant to start easy and gain difficulty as the lips progress through the exercises and begin to loosen up.

Tempo is quarter = 60 - 80

#### Set 5

Musical notation for Set 5, consisting of two staves. The first staff contains a sequence of notes with slurs and accents, including a trill-like figure. The second staff continues the sequence with similar phrasing. The word "sim..." is written above the first staff.

#### Set 6

Musical notation for Set 6, consisting of three staves. Each staff features a sequence of eighth notes grouped into triplets, indicated by a '3' below the notes. The notation includes various accidentals and slurs across the three staves.

#### Set 7

Musical notation for Set 7, consisting of three staves. Each staff features a sequence of sixteenth notes, often beamed together in groups, with slurs and accents. The notation includes various accidentals and slurs across the three staves.

**\*Pedal Tones**  
**\*REST**